

It's about time...



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Rationale

This document is the formal Final Major Project Proposal of Daniel Apt and Blythe de Gruchy.

We propose a project which will explore the theme of **time**, and discover **in what ways time can be communicated**.

The theme of time is interesting because people keep track of it in different ways all over the world. Throughout history time has been essential in navigation, philosophy and theology.

The exploration of time will exist out of 20 daily design challenges, as well as the chance to finalise an outcome to a higher standard. Our collaboration allows us to develop a **broad set of outcomes** due to us having **opposite skillsets**.

Research Question

Main research question

In what ways can time be communicated?

Time is a broad definition, and due to us intending to create a wide variety of outcomes, we intentionally will treat time more as a *theme*, than a concrete definition.



The many themes that time encompasses.

Concurrent Activities: Clocks

To understand in what manner you can communicate time, it is paramount to understand the current practice. As a result we've decided to look at concurrent activities which go beyond the everyday communication of time.

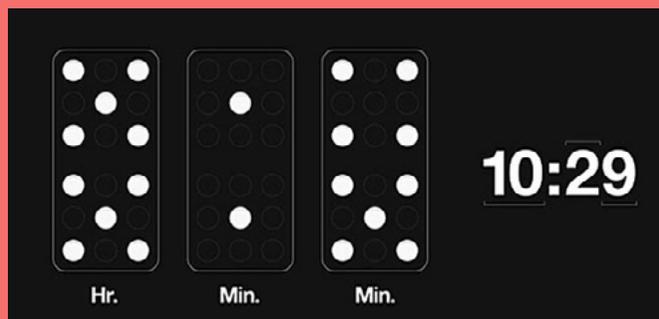
The first part focuses on clocks, which usually communicates time in units of hours, minutes, and seconds.



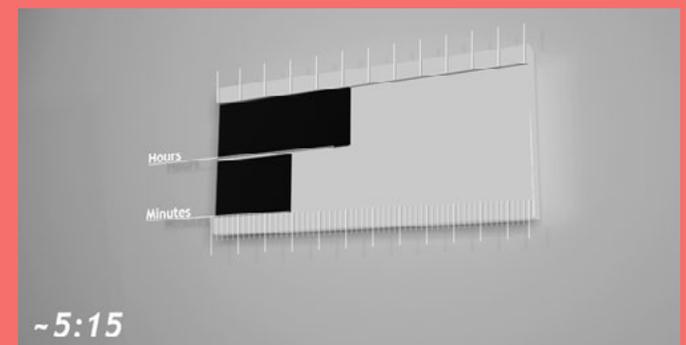
A clock re-imagined for dyslexic children. Design by Lucia Torco (click image for source).



Bomi Kim has designed a minimal clock movement, which allows the user to create their custom clock. (Click image for source).



Breaking away from everyday designs, the dominos function as something completely different: a clock. (Click image for source)



Hours and minutes are often perceived as something cyclical, the Mhin Clock designed by James Tobin presents these as a linear concept. (Click for source)

Using the 5 senses

Sight

This project has strong ties with product design, and as a result we looked in to the theory behind product design.

According to Jinsop Lee, good design activates all 5 senses.

We have decided to explore the current design practice and discover how time can be communicated through each of the five senses.

For more information about designing for the 5 senses, please visit the TED talk [Jinsop Lee: Design for all 5 senses.](#)



Sundials and an analogue clock are examples of time being communicated through sight.

Hearing



Alarm clocks and church bell's are example of time being communicated through sound.

Taste



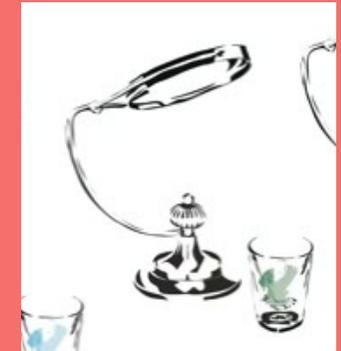
Taste is more often used for calendars. Examples are advent calendars, or the more experimental [Tea-a-Day calendar.](#)

Touch



Time can be communicated through touch. The above watch is aimed at blind people. Below is a calendar where [one pops bubble-wrap](#) on a daily basis.

Smell



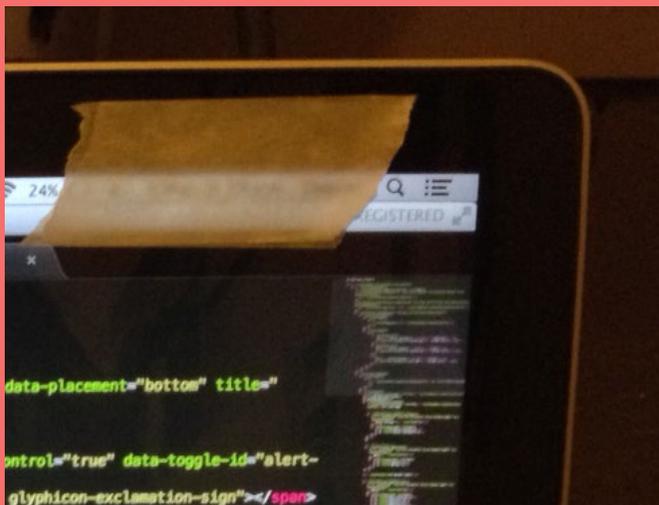
Smell is rarely used to communicate time, and we were hard-pressed to find examples.

Finally we found this: Through a magnifying glass the sun heats a scented oil. As the sun's position changes, so does the scented oil. One smells the time.

A day without time

To understand the importance of time(keeping) we decided to distance ourselves from our time-telling belongings like our watches and phones.

What followed was for Daniel a very stressful day and for Blythe an easier day. Here are each of our highlights:



How does one disable the time on a Mac?
Simple: Masking Tape!

Daniel

Waking-Up

Throughout the night I kept waking up, trying to figure out if I had overslept or not. At some point I decided to get up, and start my day.

Commute

I had trouble deciding what time to leave to work/placement. I decided to leave when the roads looked as busy as when I usually commute.

Work

At my placement/work I realised I was early—at least, I think so—as I was the first one in the office. For the rest of the day I merely copied my colleagues, I had lunch when they did, and left the office after they had left.

Baking Bread

When I bake bread I tend to use timers for everything. This time I needed to do everything by touch, smell, and sight. It actually came out alright!

Conclusion

Without knowing the time, I constantly felt out of control and paranoid I was late everywhere I went.

Blythe

Waking Up

I nearly always wake up at the same time so for me waking up was a very natural process. I'd imagine this might change if I had gone to bed uncharacteristically late.

Commute

I recognise patterns quite clearly. I left once I saw that the sightseeing buses had gone past our flat window. I've noticed I see them just before I usually leave for work.

Work

Luckily where I work follows a rota pattern so all I had to do was listen to the radio and listen out for when someone would come to cover or relieve me. This system meant that although I didn't follow a watch I was very aware of what time it was thanks to everyone else.

Cooking

I cook by estimation normally. I checked the food a little more regularly than average but I did not experience a big change.

Conclusion

I found that through other peoples patterns I was able to have a good grasp of time. Knowing what time to go to sleep was probably the thing I struggled with the most.

Time in other cultures

One of the most interesting parts of our research was coming across how time was kept in different cultures. Some made more sense than others to us:



Thailand divides their days into sub-sections



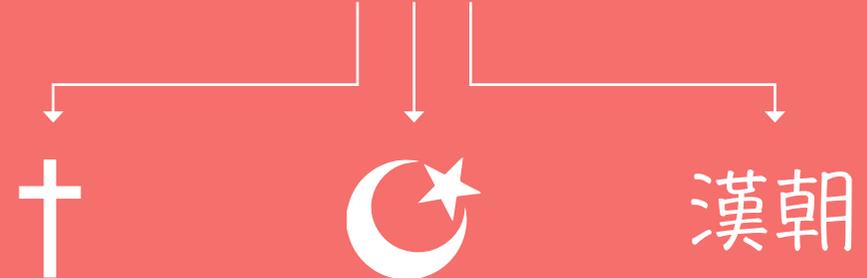
Each section of the day has a specific name, for example 1 am - 5.59am is known as 'dtee'.

Each hour within that section also has a specific name, for example 2am is: 'dtee saawng' and 3am is 'dtee swam'

The names come from archaic roots. Each name sounds like the sound that would have been heard across the village, like a gong or a tinny piece of metal being hit.



In China there are 3 calendars



The Gregorian Calendar - which is what we follow here in the UK. It consists of 12 months and includes leap years.

The Islamic Calendar - which began in 622 AD. There are roughly 354 days in a year and the year is currently 1435 AH.

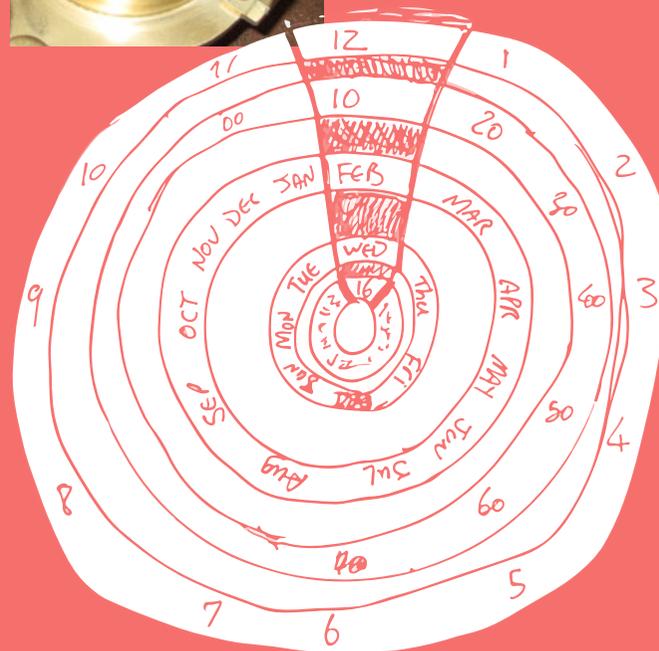
The Han Calendar - which is a lunisolar calendar. It usually has 12 months but every second or third year it has 13 months.

↓
The Han calendar also has 12 months but is then subdivided into 24 'solar terms' which last approximately 15 days each.

Initial Outcomes

We started to play around with a few very basic prototypes and ideas that came to mind straight away.

One of our favourites so far was our tree rings time telling app for an iPhone. Although we liked it visually there is a lot of room for improvement. The app only changed how we visualised time and didn't change how we read time as our brain looks at the numbers first and then secondly notes the aesthetic aspect.



The perpetual clock. The circular rings are based on sundial compasses, used at sea. One glance allows the user to see the date, day, month, hour, and minute.

Inspired by how time can be read through a tree's growth rings, we decided to transform this natural occurrence into something digital. As the hours and minute pass, the rings grow.

Why explore time?

Time is worth exploring for many reasons:

- A huge amount of people find it difficult to learn how to tell the time.
- We're so dependant on the system of the clock as explored in our 'day without time'
- There's always room for improvement and innovation in any system like this where even a small element of people cannot comprehend how the system works.
- In children at least, misinterpretation of scale is one of the main causes of making an error in telling the time.
- Time is already measured through clocks and calendars but can also be measured through movement of plants and the position of the sun and many more things, giving us a wide area to explore.



Quick! What's the time?

A simple change to the common clock confuses the user. It shows how delicate the interface is.

Facts and Figures

Our first findings have made us realise that time isn't as simple to a large proportion of the population as we thought. People suffering from learning difficulties including Dyscalculia, Dysgraphia and Autism have a tendency to struggle with learning how to tell time. The whole concept can seem very abstract.

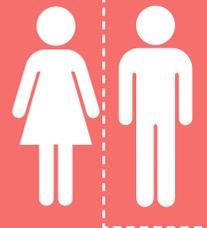
From trawling through forums we found that a staggering amount of people in America in particular could not read an analogue clock face. The digital clock is so easily available on phones, kitchen timers, watches and alarm clocks, that the need to be able to read a clock face has clearly declined.

One shocking piece of information we found on the [Foundation for Learning Disabilities website](#) was that children from poorer families are more likely to have a learning difficulty. This could have an impact on our design solutions, as we must keep our solutions affordable.

Another thing that came up over and over again was that people found clock faces cluttered and confusing to read. Yet, people also said that numberless clock faces were also hard to read. The two contradict each other. We need to look for a happy medium.



1.5 million people in the UK suffer from learning difficulties.



Learning difficulties are more common amongst boys.



Children from poorer families are more likely to have learning difficulties.



Analogue clocks without numbers are more difficult to read.



12 hours
4 quarters
60 minutes
3 handles
all in one clock!

Clock faces have a large amount of visual elements, this can be too much to take in.



Many people in the United States of America cannot read a clock face.

Interesting Resources

In the process we already have come across many interesting resources. We hereby have included some of the most useful resources. The full reading list is featured on the next page.

One of the most suitable finds is *365 Days of Design* a book featuring a collection of creative calendar designs. Other resources include the famous *Data Flow* and *Information is Beautiful* books.

Classic resources include Don Norman's *Design of Everyday Things* and even *the Bible* (as Genesis explains the founding of the world and time).

Research in to production methods was very polar, with *Tangible* (and *Tactile*) suiting Blythe's skills, and *A Touch of Code* suiting Daniel's.

Feel free to click on any image to learn more about the resource.

